



Emotion Stories for Social Emotional Learning

(mad) Nora got a new toy from her Grammy today! She was playing with it when her little brother took it away from her without asking. Nora tried to get it back but he ran away from her and teased her with it.

(sad) Malcom's teddy bear was so special to him; he brought it everywhere he went. One day he couldn't find his bear anywhere! He started crying.

(happy) Jessica had always loved giraffes; they were her favorite animal! Her dad told her that they were going to take a trip to the zoo for her birthday! She smiled and jumped up and down.

(nervous) Gavin was on his way to the doctor for a checkup. His mom told him that at the end, he would be getting a shot. His tummy felt a little funny and he wasn't sure he wanted to go to the doctor anymore.