

Social and Emotional Learning Stations

1. Dealing with Feelings Station: Lakeshore:

https://www.lakeshorelearning.com/products/books/board-books/dealing-with-feelings-board-book-collection/p/RA709

This is a board book collection that families can read together.

2. Stack and Build Emotion Kids: Lakeshore:

https://www.lakeshorelearning.com/products/social-studies/social-emotional-character-development/stack-build-emotion-kids/p/HH344

Families can build while learning about body language to recognize emotions.

3. Hide and Seek Beehive:

https://www.lakeshorelearning.com/products/infants-toddlers/sensory-development/hide-seek-beehive/p/FF250

Develop object permanence by hiding and then locating bees. Kids will predict what kind of bee they have in their hand. Is it soft? Does it rattle?

4. Mood and Emotion Mirrors/Regular Mirrors:

https://www.lakeshorelearning.com/products/social-studies/social-emotional-character-development/moods-emotions-mirrors/p/AA708

Kids learn about emotions from mirrors and match emotions on mirrors using their own mirror.

https://www.lakeshorelearning.com/products/social-studies/social-emotional-character-development/super-safe-mirrors/p/DD659 - mirrors

5. What's Inside? https://www.lakeshorelearning.com/products/p/JJ909
Kids will guess what object they are going to pull from the box. This develops the ability to predict. It also reinforces that is it okay to make guesses.

Items for the Bag:

- 1. What's Wrong Little Pookie? by Sandra Boynton
- 2. Regular Mirror