

## **Agenda for Nursery Rhymes and Puppets**

**5:45-6:05** Arrival (Get bag, book, and packet of nursery rhymes. Free play with puppets until ready to begin. The numbered nursery rhymes below coordinate with the order of nursery rhymes in your packet.)

### **6:05** Whole Group Song and Movement

1. Head Shoulders Knees and Toes (YouTube)
2. Open Shut Them

**6:10** Presentation on The Importance of Nursery Rhymes and Explanation of the 8 Stations

**6:15-7:00** Parents and children may rotate through all the stations in any order (8 Total)

### **Movement Nursery Rhymes Station and The Wheels on the Bus Go Round and Round Book**

3. Pat a Cake
4. Two Little Blackbirds
5. Ring Around the Rosy
6. Pop Goes the Weasel
7. I'm a Little Teapot
8. Five in the Bed
9. This Little Piggy
10. If You're Happy and You Know It
11. Rock-a-bye Baby
12. Jack be Nimble
13. Where is Thumbkin
14. Teddy Bear Teddy Bear
15. Twinkle, Twinkle Little Star
16. London Bridge is Falling Down

### **Sheep Puppet Station**

17. Mary Had a Little Lamb
18. Little Bo Peep
19. Baa Baa Black Sheep

### **Five Little Ducks "Puppets" and Book Station**

20. Five Little Ducks

### **Water and Boat Station**

21. Row, Row, Row Your Boat

### **Finger Puppets Station and Old MacDonald had a Farm Book**

22. Five Little Monkeys
23. Old MacDonald Had a Farm
24. B-I-N-G-O

### **Itsy Bitsy Spider Puppet and Book Station**

25. Itsy Bitsy Spider

### **Sock Puppet Station**

26. Hickory Dickory Dock

### **Humpty Dumpty Puppet Station**

27. Humpty Dumpty

### **Jack and Jill Finger Puppets Station**

28. Jack and Jill



# **The Power of Rhymes and Songs**

Children have a natural love of rhymes and songs. But what is it that they like about them, and why is it so important that we use them?

## **Rhymes and song encourage bonding!**

When parents hold, rock and touch their babies as they say rhymes and sing songs, the close physical contact establishes an emotional bond.

## **Rhymes and songs lead to language development!**

The strong rhythm of rhymes and songs helps babies absorb the pattern of language. Babies are introduced to a rich vocabulary, and they have the opportunity to learn new words.

## **Rhymes and action songs also build memory skills, motor skills, and early literacy skills!**

They inspire creativity, and on top of everything, they're a whole lot of fun!

Enjoy this collection of rhymes and songs and remember to visit your local library to find great books about ABCs, 123s, colors, and shapes.

# Movement Nursery Rhymes and Book

## 1. Head, Shoulders, Knees and Toes

Head, shoulders, knees and toes, knees and toes.  
Head, shoulders, knees and toes, knees and toes.  
And eyes, and ears, and mouth, and nose.  
Head, shoulders, knees and toes, knees and toes.

Feet, tummies, arms and chins, arms and chins.  
Feet, tummies, arms and chins, arms and chins.  
And eyes, and ears and mouth and shins.  
Feet, tummies, arms and chins, arms and chins.

Hands, fingers, legs, and lips, legs and lips.  
Hands, fingers, legs and lips, legs and lips.  
And eyes and ears and mouth and hips.  
Hands, fingers, legs and lips, legs and lips.  
Repeat first verse.

## 2. Open Shut Them

Open shut them (open your hands wide and close them tight)  
Open shut them (open your hands wide and close them tight)  
Give a little clap, clap, clap (clap your hands)  
Open shut them (open your hands wide and close them tight)  
Open shut them (open your hands wide and close them tight)  
Lay them on your lap, lap, lap (fold your hands in lap)

Creep them creep them creep them  
creep them them (use your fingers to  
creep up to chin)  
Right up to your chin, chin, chin  
Open wide your little mouth  
But do not let them in (close your  
mouth)

Shake them shake them  
Shake them shake them  
Shake them just like this, this, this  
Roll them roll them  
Roll them roll them Roll  
And blow a little kiss, kiss, kiss  
Muach!

### 3. Pat a Cake

Pat-a-cake, pat-a-cake,  
Baker's man!  
Bake us a cake  
As fast as you can,  
(Alternate clapping baby's hands and yours)

Pat it and roll it  
(Pretend to knead dough, then roll it)

And mark it with B,  
(Make a 'B' in the air)

And put it in the oven  
For baby and me.  
(Alternate clapping baby's hands and yours)

### 4. Two Little Blackbirds

Two little blackbirds sitting on a hill. (use pointer fingers to be each bird)  
One named Jack and one named Jill.  
Fly away Jack, fly away Jill.  
Come back Jack, come back Jill.

### 5. Ring Around the Rosie

Ring around the rosie (hold child's hands and walk in a circle)  
Pocket full of posies  
Ashes, ashes,  
We all fall down! (fall down on the floor)

The cows are in the meadow  
Eating buttercups  
Thunder, lightning,  
We all jump up!

## 6. Pop Goes the Weasel

Round and round the cobbler's bench, (put child on your knee as you sing bounce them to the rhythm)

The monkey chased the weasel.

The monkey thought it was all in fun.

Pop! Goes the weasel. (bounce baby high into your arms)

A penny for a spool of thread,

A penny for a needle.

That's the way the money goes.

Pop! Goes the weasel.

## 7. I'm a Little Teapot

I'm a little teapot

Short and stouts

Here is my handle (put left hand on hip)

Here is my spout (put right hand up and out)

When I get all steamed up

I just shout

Tip me over and pour me out (lean to the side)

## 8. This Little Piggy

(wiggle a toe or finger for each line of the poem working towards the little toe or finger)

This little piggy went to market,

This little piggy stayed at home,

This little piggy had roast beef,

This little piggy had none.

And this little piggy went...

"Wee wee wee" all the way home...

## 9. Five in the Bed

There were five in the bed [Hold up 5 fingers.]  
and the little one said,  
"Roll over, roll over"  
So they all rolled over and one fell out.

Four! [Hold up 5 fingers and then take one away, leaving 4.]  
There were four in the bed [Hold up 4 fingers.]  
and the little one said,  
"Roll over, roll over"  
So they all rolled over and one fell out.

Three! [Hold up 4 fingers and then take one away, leaving 3.]  
There were three in the bed [Hold up 3 fingers.]  
and the little one said,  
"Roll over, roll over"  
So they all rolled over and one fell out.

Two! [Hold up 3 fingers and then take one away, leaving 2.]  
There were two in the bed [Hold up 2 fingers.]  
and the little one said,  
"Roll over, roll over"  
So they both rolled over and one fell out.

One! [Hold up 2 fingers and then take one away, leaving 1.]  
There was one in the bed [Hold up 1 finger.]  
and the little one said,  
"I'm lonely...[sigh]"

## 10. If You're Happy and You Know It

If you're happy and you know it, clap your hands (clap clap)

If you're happy and you know it, clap your hands (clap clap)

If you're happy and you know it, then your face will surely show it

If you're happy and you know it, clap your hands. (clap clap)

If you're happy and you know it, stomp your feet (stomp stomp)

If you're happy and you know it, stomp your feet (stomp stomp)

If you're happy and you know it, then your face will surely show it

If you're happy and you know it, stomp your feet. (stomp stomp)

If you're happy and you know it, shout "Hurray!" (hoo-ray!)

If you're happy and you know it, shout "Hurray!" (hoo-ray!)

If you're happy and you know it, then your face will surely show it

If you're happy and you know it, shout "Hurray!" (hoo-ray!)

If you're happy and you know it, do all three (clap-clap, stomp-stomp, hoo-ray!)

If you're happy and you know it, do all three (clap-clap, stomp-stomp, hoo-ray!)

If you're happy and you know it, then your face will surely show it

If you're happy and you know it, do all three. (clap-clap, stomp-stomp, hoo-ray!)

## 11. Rock-a-bye Baby (hold baby and rock back and forth)

Rock-a-bye baby, in the treetop

When the wind blows, the cradle will rock

When the bough breaks, the cradle will fall

And down will come baby, cradle and all

## 12. Jack be Nimble

Jack be nimble.

Jack be quick.

Jack jump over the candlestick.

Jack be nimble.

Jack be spry.

Jack jump over the apple pie.

Jack be nimble.

Jack jump high.

Jack fly up into the sky.

## 13. Where is Thumbkin

(Start with hands behind your back)

Where is thumbkin?

Where is thumbkin?

Here I am (Bring right hand to front, with thumb up)

Here I am. (Bring left hand to front, with thumb up)

How are you this morning?

Very well, I thank you. (Wiggle thumbs as if they're "talking" to each other)

Run away (Hide right hand behind back)

Run away. (Hide left hand behind back)

Where is pointer?

Where is pointer?

Here I am (Bring right hand to front, with index finger up)

Here I am. (Bring left hand to front, with index finger up)

How are you this morning?

Very well, I thank you. (Wiggle fingers as if they're 'talking' to each other)

Run away (Hide right hand behind back)

Run away. (Hide left hand behind back)

Where is tall man?



Where is tall man?

Here I am (Bring right hand to front, with third finger up)

Here I am. (Bring left hand to front, with third finger up)

How are you this morning?

Very well, I thank you. (Wiggle fingers as if they're 'talking' to each other)

Run away (Hide right hand behind back)

Run away. (Hide left hand behind back)

Where is ring man?

Where is ring man?

Here I am (Bring right hand to front, with fourth finger up)

Here I am. (Bring left hand to front, with fourth finger up)

How are you this morning?

Very well, I thank you. (Wiggle fingers as if they're 'talking' to each other)

Run away (Hide right hand behind back)

Run away. (Hide left hand behind back)

Where is pinkie?

Where is pinkie?

Here I am (Bring right hand to front, with pinkie finger up)

Here I am. (Bring left hand to front, with pinkie finger up)

How are you this morning?

Very well, I thank you. (Wiggle fingers as if they're 'talking' to each other)

Run away (Hide right hand behind back)

Run away. (Hide left hand behind back)

Where is the family?

Where is the family?

Here we are. (Bring right hand to front, with all fingers showing)

Here we are. (Bring left hand to front, with all fingers showing)

How are you this morning?

Very well, we thank you. (Wiggle fingers as if they're 'talking' to each other)

Run away (Hide right hand behind back)

Run away. (Hide left hand behind back)

## 14. Teddy Bear Teddy Bear

Teddy bear, teddy bear, turn around,  
Teddy bear, teddy bear, touch the ground,  
Teddy bear, teddy bear, reach up high,  
Teddy bear, teddy bear, touch the sky,  
Teddy bear, teddy bear, bend down low,  
Teddy bear, teddy bear, touch your toes,  
Teddy bear, teddy bear, go to bed,  
Teddy bear, teddy bear, rest your head,  
Teddy bear, teddy bear, turn out the lights,  
Teddy bear, teddy bear, say "good night".

## 15. Twinkle, Twinkle Little Star (put hands up "twinkling" like stars)

Twinkle, twinkle, little star  
How I wonder what you are  
Up above the world so high  
Like a diamond in the sky  
Twinkle, twinkle little star  
How I wonder what you are

## 16. London Bridge is Falling Down

(when singing falling down, move slowly to the floor)

London Bridge is falling down  
Falling down, falling down  
London Bridge is falling down  
My fair lady

Build it up with iron bars  
Iron bars, iron bars  
Build it up with iron bars  
My fair lady

Iron bars will bend and break  
Bend and break, bend and break

Iron bars will bend and break  
My fair lady

Build it up with gold and silver  
Gold and silver, gold and silver  
Build it up with gold and silver  
My fair lady

London Bridge is falling down  
Falling down, falling down  
London Bridge is falling down  
M-y-y f-a-i-r l-a-d-y (sing slowly)

# Sheep Puppet

## 17. Mary Had a Little Lamb

Mary had a little lamb  
Little lamb, little lamb  
Mary had a little lamb  
Its fleece was white as snow  
And everywhere that Mary went  
Mary went, Mary went  
Everywhere that Mary went  
The lamb was sure to go

He followed her to school one day  
School one day, school one day  
He followed her to school one day  
Which was against the rule  
It made the children laugh and play  
Laugh and play, laugh and play  
It made the children laugh and play  
To see a lamb at school

Mary had a little lamb  
Little lamb, little lamb  
Mary had a little lamb  
Its fleece was white as snow  
And everywhere that Mary went  
Mary went, Mary went  
Everywhere that Mary went  
The lamb was sure to go

## 18. Little Bo Peep

Little Bo-Peep has lost her sheep,  
And can't tell where to find them;  
Leave them alone, and they'll come home,  
Bringing their tails behind them.

## 19. Baa Baa Black Sheep

Baa, baa, black sheep,  
Have you any wool?  
Yes sir, yes sir,  
Three bags full.

One for my master,  
One for my dame,  
And one for the little boy  
Who lives down the lane.

Baa, baa, black sheep,  
Have you any wool?  
Yes sir, yes sir,  
Three bags full.

## Five Little Ducks and Book

### 20. Five Little Ducks

Five little ducks  
Went out one day  
Over the hill and far away  
Mother duck said  
"Quack, quack, quack, quack."  
But only 4 little ducks came back.

Four little ducks  
Went out one day  
Over the hill and far away  
Mother duck said  
"Quack, quack, quack, quack."  
But only 3 little ducks came back.

Three little ducks  
Went out one day  
Over the hill and far away  
Mother duck said  
"Quack, quack, quack, quack."  
But only two little ducks came back.

Two little ducks  
Went out one day  
Over the hill and far away  
Mother duck said  
"Quack, quack, quack, quack."  
But only one little duck came back.

One little duck  
Went out one day  
Over the hill and far away  
Mother duck said  
"Quack, quack, quack, quack."  
But none of the 5 little ducks came back.

Sad mother duck  
Went out one day  
Over the hill and far away  
The sad mother duck said  
"Quack, quack, quack."  
And all of the 5 little ducks came back.

## Water and Boat

### 21. Row, Row, Row Your Boat

Row, row, row your boat  
Gently down the stream  
Merrily, merrily, merrily, merrily  
Life is but a dream

Row, row, row your boat  
Gently up the creek.  
If you see a little mouse  
Don't forget to squeak!

Row, row, row your boat  
Gently down the stream.  
If you see a crocodile  
Don't forget to scream!

Row, row, row your boat  
Gently to the shore  
If you see a lion  
Don't forget to roar

## Finger Puppets and Book

### 22. Five Little Monkeys

Five little monkeys jumping on the bed  
One fell off and bumped his head  
Mama called the doctor,  
And the doctor said  
No more monkeys jumping on the bed

4 little monkeys jumping on the bed  
One fell off and bumped his head  
Mama called the doctor  
And the doctor said,  
No more monkeys jumping on the bed  
3 little monkeys jumping on the bed  
One fell off and bumped his head  
Mama called the doctor

And the doctor said,  
No more monkeys jumping on the bed

Two little monkeys jumping on the bed  
One fell off and bumped his head  
Mama called the doctor  
And the doctor said,  
No more monkeys jumping on the bed

One little monkey jumping on the bed  
One fell off and bumped his head  
Mama called the doctor  
And the doctor said,  
Put those monkeys right to be

## 23. B-I-N-G-O

There was a farmer who had a  
dog,

And Bingo was his name-o.

B-I-N-G-O

B-I-N-G-O

B-I-N-G-O

And Bingo was his name-o.

There was a farmer who had a  
dog,

And Bingo was his name-o.

(clap)-I-N-G-O

(clap)-I-N-G-O

(clap)-I-N-G-O

And Bingo was his name-o.

There was a farmer who had a  
dog,

And Bingo was his name-o.

(clap)-(clap)-N-G-O

(clap)-(clap)-N-G-O

(clap)-(clap)-N-G-O

And Bingo was his name-o.

There was a farmer who had a  
dog,

And Bingo was his name-o.

(clap)-(clap)-(clap)-G-O

(clap)-(clap)-(clap)-G-O

(clap)-(clap)-(clap)-G-O

And Bingo was his name-o.

There was a farmer who had a  
dog,

And Bingo was his name-o.

(clap)-(clap)-(clap)-(clap)-O

(clap)-(clap)-(clap)-(clap)-O

(clap)-(clap)-(clap)-(clap)-O

And Bingo was his name-o.

There was a farmer who had a  
dog,

And Bingo was his name-o.

(clap)-(clap)-(clap)-(clap)-(clap)

(clap)-(clap)-(clap)-(clap)-(clap)

(clap)-(clap)-(clap)-(clap)-(clap)

And Bingo was his name-o.

## 24. Old MacDonald

Old MacDonald had a farm,  
E-I-E-I-O.

And on his farm he had dog,  
E-I-E-I-O.

With a ruff, ruff here,

And a ruff, ruff there,

Here a ruff, there a ruff,

Everywhere a ruff, ruff.

Old MacDonald had a farm,  
E-I-E-I-O.

2. Duck - quack

3. Pig - oink, oink

4. Cow - moo, moo

5. Cat -meow, meow

# Itsy Bitsy Spider Puppet and Book

## 25. Itsy Bitsy Spider

The itsy bitsy spider climbed up the water spout (put fingers together to go up)  
Down came the rain and washed the spider out (use fingers as rain)  
Out came the sun and dried up all the rain (make a circle with your arms)  
And the itsy bitsy spider climbed up the spout again (put fingers together to go up)

## Mouse Sock Puppet

### 26. Hickory Dickory Dock

Hickory Dickory dock,  
The mouse ran up the clock,  
The clock struck one  
The mouse ran down,  
Hickory Dickory dock.

Hickory Dickory dock,  
The mouse ran up the clock,  
The clock struck two  
And down he flew,  
Hickory Dickory dock.

Hickory Dickory dock,  
The mouse ran up the clock,  
The clock struck three  
And he did flee,  
Hickory Dickory dock.

Hickory Dickory dock,  
The mouse ran up the clock,  
The clock struck four,  
He hit the floor,  
Hickory Dickory dock.

Hickory Dickory dock,  
The mouse ran up the clock,

The clock struck five,  
The mouse took a dive,  
Hickory Dickory dock.

Hickory Dickory dock,  
The mouse ran up the clock,  
The clock struck six,  
That mouse, he split,  
Hickory Dickory dock.

Hickory Dickory dock,  
The mouse ran up the clock,  
The clock struck seven,  
8, 9, 10, 11,  
Hickory Dickory dock.

Hickory Dickory dock,  
The mouse ran up the clock,  
As twelve bells rang,  
The mousie sprang,  
Hickory Dickory dock.

Hickory Dickory dock,  
"Why scamper?" asked the clock,  
"You scare me so  
I have to go!  
Hickory Dickory dock.

## Humpty Dumpty Puppet

### 27. Humpty Dumpty

Humpty Dumpty sat on the wall,  
Humpty Dumpty had a great fall.  
All the king's horses  
And all the king's men  
Couldn't put Humpty Dumpty  
Together again.

## Cut-out Finger puppets

### 28. Jack and Jill

Jack and Jill went up the hill, to fetch a pail of water.  
Jack fell down and broke his crown, and Jill came tumbling after.

### *The Gift of Rhyme*

Share the wonder  
Share the time,  
Give your child  
The gift of rhyme.

Give her words that hold a beat,  
Fun to remember, fun to repeat.

Give him words that always flow,  
Spoken fast or spoken slow.

Give her friends that entertain,  
Give him words that never change.

Share the wonder  
Share the time,  
Give your child  
The gift of rhyme.

*~Jean Warren*